



# Peak Performance Toolkit

## Course Introduction

What separates a peak performer from an average worker? How do some people manage to create extraordinary results with relative ease while others struggle to produce average outcomes? What's the difference that makes all the difference?

Peak performers are different from other individuals, primarily in terms of the 'programs' running in their respective 'neck-tops'. It is the unconventional paradigms, and beliefs peak performers hold and the unique insights and principles they live by, that lead to extraordinary results.

This program is a high energy presentation of some of the very best peak performance principles, tools and strategies that have made a quantum difference in the lives of practitioners across the globe. Now you too can benefit from the incredible power of these ideas to take your individual and group productivity to a whole new level!



Course Facilitator  
**Saadi Insha**

A leading trainer, facilitator and inspirational speaker, Saadi is passionate about helping organizations unleash the untapped potential of their most valuable resource – their people.

Workshop participants have consistently described his programs as 'superb', 'inspirational', 'thought provoking' and 'outstanding'. He packs his trainings with rich, result oriented content, engaging activities, topical humor and is known for communicating with a zest and energy that is highly contagious.

Since 2001, Saadi has trained thousands of employees from leading national and multinational organizations in Pakistan through his public and in-house workshops. He has facilitated leadership and creativity workshops in Dubai, led high energy annual conference events in Thailand and addressed various universities and professional forums as a Guest Speaker.

Saadi holds an MBA and a Gold Medal from the Institute of Business Administration – Pakistan's premier business school. A lifelong learner, he has attended numerous personal and professional development programs in Pakistan and abroad.

After a fourteen year career spanning three different industries, Saadi left his last job as Training Manager at a leading financial institution to work as an independent training consultant. He now facilitates open enrollment workshops and conducts in-house training for organizations that wish to inspire, energize.

## Client Testimonials

"We have consistently found Saadi an awe inspiring trainer and motivational speaker."  
HR Director, Reckitt Benckiser Pak. Ltd.

"Your energy, eagerness and sincerity struck the right chord with our people ...Well done!  
Chairman & CEO, Philips Electrical Industries of Pakistan Ltd.

"...a brilliant resource .....one of the best in the business"  
GM HR, Training and OD, Pakistan State Oil

"Thank you very much for the outstanding workshop conducted during our Annual Sales Conference. All participants thoroughly enjoyed your discourse which was interesting, informative, enlightening and extremely motivating. On behalf of the Jubilee team please accept our sincere appreciation and gratitude."  
EVP Operations, Jubilee General Insurance Co. Ltd.

"We have received very positive feedback from our employees, they found the tools to be practical and easily applicable at work. Thank you for all your support."  
Pepsi Cola International (Pvt.) Ltd.

"It was an enlightening session which convinced the audience about the immense potential they all possess and the wonders they can achieve if they start believing in themselves."  
GlaxoSmithKline Pak. Ltd.

"The overall rating for Saadi's course has been excellent... It was a great learning experience"  
Pak Kuwait Takaful Company Limited.

## Clients include



## Learning Highlights

- Discover the hidden performance 'thermostat' within you and switch it to 'Maximum'
- Make the shift to stress-free productivity by applying 'the three tests'
- Discover the 'invisible scale' and tilt it to your advantage
- Debunk popular myths about personal productivity and effectiveness
- Leverage the 'law of the vital few' to create more with less (this insight by itself is worth your entire investment in the workshop)
- Tap into your latent creativity when faced with roadblocks to come up with unconventional, elegant and cost effective solutions
- Reframe 'failure', abolish limiting mindsets, become a possibility thinker and challenge the impossible

## Methodology

A high energy interactive presentation, activities, lateral thinking puzzles, paradigm shifting exercises, individual and team based challenges and short case studies.

An immensely stimulating learning experience that will keep the participants fully engaged throughout the two days.

## Who must attend?

In addition to managers and leaders at all levels, employees in all departments who would like to create extraordinary results for themselves and their organization will find this workshop extremely useful.

For registrations & more details please contact:



Date & Venue:  
**5 January 2015**  
Movenpick Hotel Karachi  
**8 January 2015**  
Royal Palm Golf Club Lahore

Timings:

**9:00 - 5:30**

Workshop Investment:  
**PKR 18,500/-**  
Exclusive of Sales Tax

**Registration Process Confirmation / Payments.**  
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### Cancellation/Substitution Policy

Substitutions are welcome. All cancellations must be sent in writing. Workshop fees must be paid in Full. No refunds will be given if a written cancellation occurs within 2 working days prior to the workshop. Same applies for delegates who don't attend the workshop without cancellation. In the event of unforeseen circumstance, Quickbiz reserves the right to cancel or postpone the event.